

WEEKLY MENU

WEEK 1



**EVERY
TUESDAY**

Asian inspired noodles
with a selection of
protein and vegetables



**EVERY
WEDNESDAY**

Authentic Greek
flatbreads topped with
marinated chicken or
plant-based protein

**EVERY
THURSDAY**

Drumsticks served with
a range of signature
marinades and
seasoned rice

**CHICK
N'RUN**

Switch it up with our street food favourites! Ask the team for this week's flavours

MON

Thai Yellow Vegetable Curry, Broccoli,
Salad & Mixed Rice (VG)

TUE

BBQ Beef & Bean Chilli with Penne
and Mixed Salad (Halal available)

WED

Roast of the Day, Gravy & Roasties
with Seasonal Greens and Carrots
(Halal available)

THU

Chicken & Sweetcorn Pie with
Broccoli, Carrots & Cauliflower (Halal
available)

FRI

Sustainably Sourced Battered Fish &
Chips with Peas or Beans

Mac & Cheese with Crispy Onions
with Garlic Bread & Mixed Salad (V)

Vegemince Cottage Pie with
Broccoli, Carrots & Cauliflower (VG)

Roast Quorn, Gravy, Roasties with
Seasonal Greens & Carrots (V)

Cheese, Onion & Potato Pie with
Broccoli, Carrots & Cauliflower (V)

Pizza Selection with Chips or Wedges

POT & TASTY

Daily range of ready to go pots including
pastas, salads and rice bowls

DESSERTS

Enjoy our chef's choice of sweet
treats, served every day



Hot loaded spuds with
a daily range of tasty
toppings to fill you up



10th Nov, 1st & 22nd Dec, 19th Jan, 9th Feb, 2nd & 23rd March

V - VEGETARIAN
VG - VEGAN

WEEKLY MENU

WEEK 2



**EVERY
TUESDAY**

Asian inspired noodles
with a selection of
protein and vegetables



**EVERY
WEDNESDAY**

Authentic Greek
flatbreads topped with
marinated chicken or
plant-based protein

**EVERY
THURSDAY**

Drumsticks served with
a range of signature
marinades and
seasoned rice

**CHICK
N'RUN**

Switch it up with our street food favourites! Ask the team for this week's flavours

MON

Baked Macaroni Cheese with Tomato
& Oregano Topping (V)

TUE

Kashmiri Spice Bowl with Beef &
Lentils and Mixed Rice (Halal
available)

WED

Roast of the Day, Gravy & Roasties
with Seasonal Greens and Carrots
(Halal available)

THU

Sausage & Mash, Caramelised Onion
Gravy & Seasonal Vegetables (Halal
available)

FRI

Sustainably Sourced Battered Fish &
Chips OR Oven Baked Chicken
Nuggets & Chips (Halal available)

Roasted Vegetable & Hummus
Panini (VG)

Spaghetti with Roasted Vegetables in
Herby Tomato Sauce (V)

Roasted Lentil Loaf with Sticky
Ketchup Glaze & Roast Potatoes (VG)

Veggie Sausage & Bean Hot Pot (VG)

Pizza Selection with Chips or Wedges

POT & TASTY

Daily range of ready to go pots including
pastas, salads and rice bowls

DESSERTS

Enjoy our chef's choice of sweet
treats, served every day



Hot loaded spuds with
a daily range of tasty
toppings to fill you up



27th Oct, 17th Nov, 8th Dec, 5th & 26th Jan, 16th Feb, 9th March

V - VEGETARIAN
VG - VEGAN

WEEKLY MENU

WEEK 3



**EVERY
TUESDAY**

Asian inspired noodles
with a selection of
protein and vegetables



**EVERY
WEDNESDAY**

Authentic Greek
flatbreads topped with
marinated chicken or
plant-based protein

**EVERY
THURSDAY**

Drumsticks served with
a range of signature
marinades and
seasoned rice

**CHICK
N'RUN**

Switch it up with our street food favourites! Ask the team for this week's flavours

MON

Vegan Sausage Roll & Homebaked
Potato Wedges (VG)

TUE

Mild Chicken Korma with Sweet
Potato and Lentils & Mixed Rice
(Halal available)

WED

Roast of the Day, Gravy & Roasties
with Seasonal Greens and Carrots
(Halal available)

THU

Greek Style Layered Beef Pasta Bake
(Halal available)

FRI

Sustainably Sourced Battered Fish &
Chips Oven Baked Chicken Goujons
& Chips (Halal available)

Mild & Creamy Vegetable Korma
Curry & Mixed Rice (VG)

Vegetable Bolognese Pasta & Garlic
Bread (V)

Roasted Winter Vegetable Casserole
with Roast Potatoes (VG)

Greek-Style Layered Vegetable Pasta
Bake (V)

Pizza Selection with Chips or Wedges

POT & TASTY

Daily range of ready to go pots including
pastas, salads and rice bowls

DESSERTS

Enjoy our chef's choice of sweet
treats, served every day



Hot loaded spuds with
a daily range of tasty
toppings to fill you up



3rd & 24th Nov, 15th Dec, 12th Jan, 2nd & 23rd Feb, 16th March

V - VEGETARIAN
VG - VEGAN